

JULY - AUGUST / IÚIL - LÚNASA 2022

NEWS & VIEWS

Gerard Hopkins 34th International Festival

Friday 22nd to Thursday 28th July 2022



Irish Music Concert

Legendary Traditional Musicians

FRANKIE GAVIN NOEL HILL

Saturday July 23rd at 8pm Admission €25



Full Programme for Leaving Cert. students
 Writing Workshop
 Lectures
 International Poetry event, with Music
 Songwriting
 Nature Walk







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Wednesday 27th July

8.00 pm €15

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Free Copy

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Parish Team Phone Numbers

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Fr. Ruairí Ó'Domhnaill, P.P. Tel. 045 431741

Fr. J. McDermott, P.E.C.C. Tel. 045 903889

Fr. Piotr Jakubiak, Polish Chaplain Tel. 045 434069

Fr. Michael Cudzilo C.C. Tel. 045 438036

Fr. Eugen Dragos Tamas Tel. 045 433979

Rev. Deacon Jim Stowe Tel. 045 431394

Sr. Eileen, Parish Sister Tel. 045 431939

Margarita Bedding - Parish Pastoral Minister Tel. 087 6107528

Donal Mahon - Parish Administrator Tel. 087 2124515

Charlotte Vard - Youth Ministry

Tel: 087 258 2616

Parish Office Tel. 045 431394

Pastoral Office Fax: 045 486171

Parish Centre Tel. 045 431121

Emergency Number: Priest on call 087-2554908

Disclaimer: While every effort has been made to ensure that ads are published accurately, the News & Views will not be held responsible for any mistakes, either through omission or commission, in the published version.

ST CONLETH'S

Saturday: Vigil Mass

6.00pm

Sunday: 8.30am 11.00am

12.30pm 7.00pm

CILL MHUIRE

Saturday: Vigil Mass

7.00pm

Sunday: 10.30am

DOMINICAN CHURCH

Vigil Mass Saturday:

8.00pm

Sunday: 9.30am 10.30am

12 noon 5.30pm

BAPTISMS



Oisín Leo Clifford - Dara Park Nhian Panaligan - The Oaks James Patrick Ross Boylan - College Orchard Scott Bitu Knowles – Roseberry Hill Chloe Bitu Knowles - Roseberry Hill Josef Piotr Pisarek - Kilcullen Street, Dunlavin Saibhe Ana Crilly - Paddington, Australia Cormac Mannix Reynolds – Barrettstown Lawns

Myia Doreen Moloney – Langton Park Romi Breda Geraghty Fogarty – Monasterevin Sophia Saxena – Morristown Avenue Aoibhe Lily O'Connor – Kilbelin Abbey Sophie McDonnell – Roseberry Olivia Girkute - Watercress Manor, Newbridge Sheila Elizabeth Kennedy - Clongorey

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EDITORIAL





I had the opportunity recently to go through all my possessions, piece by piece, and I found myself marvelling at the amount of stuff that I have accumulated over the years. Invariably I found myself asking "Do I really need all these things"? It's amazing how we tend

to hold on to things, believing that we might need them some day! Obviously, many of our things hold precious memories and remind us of special people in our lives. But occasionally they become ends in themselves and we find ourselves living in the midst of clutter!

Summer is a good time for having a clearance, for decluttering the house and for having a good clear out. In the same way that a physical clearance is good, so is an inner or spiritual decluttering. It offers us the opportunity to stand back and ask ourselves how we are living, what is important in our lives, where our focus is and where our heart is. What or who is at the centre of my life? Have I become attached to things or ideas that get in the

way of my relationship with God? Am I free in myself to hear and respond to the promptings of the Holy Spirit in my life?

We have many instances of Jesus taking "time out" to go away to a lonely place, to be in the presence of his Father and to pray. No doubt in the midst of his busy life travelling around as he did, he felt the need to stop and retreat from the world and put himself in the presence of his Father.

Summer is often the time when people go on retreat or take days of reflection. It's the time for a different rhythm of life when children are off school or we have holidays from work and can structure our days a bit differently. In our magazine this month, you will find details of the Hopkins Festival taking place in July, a further article by Charlotte Vard as well as news and photos of recent events in the Parish. Whatever you do over this summer time to relax and unwind a little, do take care and stay safe.

Margarita Bedding



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FROM SMALL STEPS TO GIANT LEAPS



When Buzz Aldrin landed on the moon in 1969, he sent out the famous message to the world:

"One small step for a man – one giant leap for mankind!" It is important, however, not to overlook other small steps taken and which have had a huge impact on all our lives as Christians. The Bible tells us that Saint Paul "crossed over to

Macedonia". That was one of those giant steps taken in the spread of the Gospel message: – Christianity passed from Asia into Europe.

Our great task in life is to claim God's power at work within us to be what we are created to be. We so often look for God in the wrong places. Jesus can resurrect those little corners in our own hearts where goodness lies hidden. Our Irish poet, Patrick Kavanagh, said that we find God in the bits and pieces of everyday.

The Spirit leads us to the depths of God. There are secret sources of courage inside the human heart. St. Paul said,

"When I am weak, then I am strong."

As presented in the teaching of the Church, hope is the bridge between faith and love. Pope Francis said that "if a parish proves capable of self-renewal and constant adaptivity, it continues to be the Church living in the homes of her sons and daughters."

To live in hope is perhaps the greatest challenge we face today – to believe in God's promises when all evidence is to the contrary. We look for God in church and fail to see Him in our homes. We look for God in spectacular events and ignore Him in the beauty of a sunset.

Surrounded as we are by so much apparent failure, this is a time of great hope

Even Mary questioned her identity: she had to confront the mystery of her own life:

"Rejoice! for who am I that God has shown me favour?" We have some great invitations in the Church's Morning Prayer as we bring ourselves into God's presence within ourselves and in all around us:

"Awake, my soul! Awake lyre and harp! I will awake the dawn."

Sr. Catherine Moran

NOTICEBOARD

Meals On Wheels

We are currently **looking for volunteer drivers** who may be able to deliver meals 3-5 days per month, it takes about 30-40 minutes to deliver the meals. If you are interested, please contact Newbridge Daycare Centre at 045-433184 or send an email to: newbridgedaycare@gmail.com. If anyone would like to avail of the Meals on Wheels service, or know anyone that may need the service, please contact Newbridge Daycare Centre.

Contributions can be transferred to our Bank of Ireland account in Newbridge. Newbridge Daycare Centre, **BIC No: BOFIIE2D,**

IBAN: IE42BOFI90126382749997.

Newbridge Community First Responders are seeking volunteers.

Anybody interested in becoming a volunteer is asked to contact the group directly, such as via its Facebook page and website www.newbridgecfr.ie. Community First Responders are a group of volunteers, linked to the National Ambulance Service and despatched by the 999/112 National Ambulance Service to cardiac emergencies in their communities.

Novena to Our Lady of Perpetual Help

A word of thanks to all who helped with and supported our **Annual Novena to Our Lady of Perpetual Help** this year. It was a wonderful experience of prayer and solidarity and we hope that many people will have experienced some comfort and encouragement through it. To the Parish Team, Choirs, Readers, Eucharistic Ministers, Servers, Stewards, Collectors, Tommy and his team in the sacristy we express our heartfelt thanks to you all!

Relay For Life Kildare

The Irish Cancer Society Relay For Life brings the whole community together to **Celebrate** the lives of cancer survivors, to **Remember** those lost to the disease, and to **Fight Back** by increasing our knowledge of cancer and by raising money to fund life-saving cancer research and free services for cancer patients and their loved ones.

Relay For Life Kildare takes place on 23/24 July 2022 at The Curragh Racecourse, subject to the Government Covid-19 guidelines and restrictions that are in force at that time.

For more details please check our Facebook page at https://www.facebook.com/RelayForLifeKildare/

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THE IMPORTANCE OF CONFIRMATION RETREATS



Just last month, echoes of laughter and exclamations of pleasant surprise were heard throughout Newbridge Parish Centre, as we hosted sixth class Confirmation Retreats. For just three days, Confirmation students were given the opportunity to grow in their faith, have fun, and build relationships.

I've said it for the past nine years and I'll continue to say it until I'm old and grey, youth are the now and indeed the future of our church. It is important that we engage, teach, and nurture them. Confirmation Retreats can offer unique opportunities for learning, fellowship and growth when done right. A retreat setting provides a truly unique learning experience outside of the classroom. Retreats also provide a safe and fun environment for youth to interact with members of their Parish Team

and foster healthy relationships that can grow into the future far beyond Confirmation.

My own Diocese of Kildare & Leighlin offered a virtual Confirmation Retreat for the past two years when, because of Covid, schools could not get Retreat teams in or go elsewhere for retreats. I have been blessed to be a part of this along with Bishop Denis Nulty, Maeve Mahon the Coordinator of Primary Education for our Diocese, Hazel McWey, principal of Myshall National School and Fr David Vard, Curate in Portlaoise Parish. The surname is too unusual to be a co-incidence; we are siblings and yes I am our mother's favourite!!

I believe the idea behind the Virtual Confirmation

Retreat was not to replace a 'normal' retreat experience because I don't believe you could. It is simply another avenue, another chance to create an atmosphere of a truly unique learning experience, of conversation from a group of individuals that these children preparing for the Sacrament of Confirmation have not heard from before which in turn creates an opportunity of brand new conversations for real world encounters with a God who loves them. The virtual retreats have been well received and they have created a space in the classrooms that otherwise would not have happened due to Covid.

Retreats create a space for God to do his work. They enable young people to experience faith in a new way. As facilitators, the importance of how we engage with our participants is essential. We need to meet them where they are at. We need to remember that their faith journey is not in the same place as ours. Our first and most important responsibility is to build relationship with our participants. It is only in relationship that they can begin to explore their faith and their presence in the Catholic Church.

Over the years I've stood in front of thousands of Confirmation Candidates sharing my own testimony and it's in those moments where I find connection. Where young hands jolt up and questions come flooding. Questions that require me to look at my own faith. They ask questions about my life, and I share because that can be impactful. It was impactful to me when I was their

age and still is to this day. From my conversations with the sisters in the Convent, the priests in the Parish, my own brother and those I work with in the Diocese and indeed the Parish - it's all impactful and it has all shaped me to some degree. Faith is personal but never meant to be private, there's a beauty in that and an empowerment.

Youth culture is bombarded with mixed messages. They are mentally and emotionally going through changes. There are messages given to them from their peers, the media, parents, school and many other institutions and establishments in their lives. It is in this bombardment of mixed messages that youth retreats are experienced. For many it is their first and only interaction with the Catholic Church. It is a huge responsibility to deliver God's most important message - that God is there for each of them and loves them. I believe retreats are essential and important. It is our job to deliver Jesus's ultimate message - his life's and death's message - a message of love and acceptance. It is our job to plant Hopefully, participants will return to the experience, find comfort in the message and ultimately begin or develop their own faith.

Charlotte Vard

This article has been published in the Irish Catholic Newspaper

Gerard Hopkins Manley

34th International Festival
Friday 22nd to
Thursday 28th July 2022



A Poem by Hopkins 1844 – 1889 celebrating the grandeur and multiplicity of God's creation

Pied Beauty

Glory be to God for dappled things –
For skies of couple-colour as a brinded cow;
For rose-moles all in stipple upon trout that swim;
Fresh-firecoal chestnut-falls; finches' wings;
Landscape plotted and pieced – fold, fallow,
and plough;

And all trades, their gear and tackle and trim.

All things counter, original, spare, strange; Whatever is fickle, freckled (who knows how?) With swift, slow; sweet, sour; adazzle, dim; He fathers-forth whose beauty is past change: Praise him.

Opening: Fri. 22 July 7.30 pm Newbridge College abbottviv@gmail.com www.gerardmanleyhopkins.org

FRANKIE GAVIN CONCERT IN NEWBRIDGE



July 22nd to 28th will feature the 34th Annual International Hopkins Festival in Newbridge College. Described by the Editor of The Oxford Companion as 'the best Literary Festival in Ireland', it celebrates the work and wide interests of the great poet Gerard Manley Hopkins (1844 - 1889) who spent the last years of his life in Dublin and who often visited Kildare on his various travels.

This year promises to be the richest and most international so far and has been described as 'a gem' for County Kildare.

The Irish Music night will feature legendary fiddler, Frankie Gavin, in concert with concertina player Noel Hill, regarded by many as the best performer on that instrument (and the focus of a recent documentary on TV). They will play in Newbridge College Theatre on Saturday July 23rd at 8pm.

Admission €25; advance booking is advised for what will surely be a memorable event.

NOTED ACTOR TO PERFORM

Another highlight of a packed week will be a oneman performance by Barry McGovern, the renowned actor of stage and screen, with a reputation worldwide as an interpreter of the work of Samuel Beckett. His performance will take place in the College Theatre at 8pm on Wednesday 27th July - and already has generated considerable interest - so book soon.

The Festival will be opened by English Ambassador Paul Johnston, a Hopkins enthusiast, and all are invited to the Reception at 7pm on Friday 22nd.

A packed week of events will include a Writing Workshop in Newbridge Library on Saturday morning, conducted this year by noted American poet Patricia Miller. Bring 25 copies of your poem for assessment by an expert.

There will be lectures by noted scholars every day and an International Poetry event on Tuesday, featuring poets from 10 countries.

The Youth Programme runs all week and is geared to the non-specialist, with a wide variety of activities and workshops, including one on Music. Hopkins was arguably the first conservationist and this facet will be commemorated with a Nature Walk along the Liffey, led by Michael Jacob (Wed. At 11.30a.m.). There will be a rich variety of Poetry Readings by writers from around the globe. Some 20 countries will be represented this year, our record to date. Leinster Print Studios will stage a week-long Art Exhibition in the College and the legendary sessions in various pubs every evening always prove enjoyable and inclusive.





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15 Questions with people who make a difference in our community: Margarita Bedding



Well, this month I had the pleasure of catching up with our editor Margarita Bedding, who took some time out of her busy schedule to give us a little insight into the lady behind the scenes of News & Views.

1. Have you always lived in Newbridge?

I was born in Newbridge and went to school here, then lived away for a number of years before returning over 20 years ago.

2. Did you ever live anywhere else?

Yes, I lived in England for a number of years and in America for a short while.

3. How long have you been involved in St Conleth's Parish?

St. Conleth's was always my home parish; I celebrated my First Communion and Confirmation here and came to work here in 2000.

4. If you could live anywhere else in the world where would it be?

Somewhere by the sea, maybe Long Island

5. Do you have a favourite sport?

I'm not a sporty person myself but I enjoy going racing and watching athletics, cycling and rugby.

6. What are you reading at the moment?

I'm reading a thick thriller by Elizabeth George at present.

7. Do you have a favorite childhood memory? Picnics up in Wicklow on a Sunday afternoon

8. What do you do to relax?

For relaxation I enjoy reading, going to the cinema and walking.

9. Have you ever used public transport?

Yes, I have often used public transport.

10. Do you consider yourself a clean or messy person? Definitely a clean person!

11. Do you look at much television?

I like to watch a bit of television in the evenings

12. What radio station do you listen to in your car? I'm an RTE One junkie in the car

13. How long does it take you to get ready in the morning?

A good hour, mostly

14. What's your favourite place to holiday?

I've had very enjoyable holidays in Lahinch and Wexford and France

15. What would you do if you won the lottery?

If I won the lottery I would look after family members, make Fr. Ruairí's day by giving him a nice donation and buy a holiday house somewhere warm!

STRAWBERRY CHEESECAKE

by Geraldine Meade



INGREDIENTS

Base

- 400g—Digestive Biscuits.
- 150g—Butter Melted.

Filling

- 200g—cream cheese (can be shop brand).
- 135g—pk strawberry jelly.
- 3tbls—water.
- 125g—strawberry jam..
- 500ml—carton of cream.
- Few drops of strawberry essence.

METHOD

- 1. Place a 9" spring form tin on a serving plate.
- 2. Break biscuits in a food processor until they are like fine crumbs.
- 3. Pour in the melted butter and mix well, press into the tin and put in fridge to cool
- 4. Break up the jelly, place in a saucepan, add the water and melt over a low heat, then allow to cool.
- 5. Put cream cheese and strawberry jam into a bowl and beat well.
- 6. Add the cream and beat until it has a loose consistency.
- 7. Then fold in the melted jelly (it will look like whipped cream).
- 8. Pour onto the biscuit base, put into the fridge and let it set overnight.
- 9. To serve, remove the cake ring from around the side of the cheese cake and decorate with freshly sliced strawberries.



Hilda's Hints

Well now as the kids begin their summer holidays, why not get them to help with some easy household chores.

- 1. Always use trouser hangers to hold your cookbook while making your favourite dish.
- 2. If you have smelly shoes, put a tea bag into the shoe and leave overnight, the tea bag will absorb the smell.
- 3. If you have an old soft toy, why not remove the filling and refill with gravel, then sew it back up and you have made a lovely door stop.
- 4. Always store peanut butter upside down, this way it won't separate.
- 5. When cooking fruit for jam making always add a small piece of butter to the mixture as this will prevent any foam from forming and save you having to skim it off.









Contact Con McNamara +35345831577 +353872538011 www.ebcr.ie





ST BRIGID'S CLOAK

St. Brigid and her Cloak have been on display in the Whitewater Shopping Centre as part of June Fest and is the work of the Kildare Yarn Bombers. It is so well crafted, from St. Brigid herself to her cloak and even the little sheep! The squares making up St. Brigid's Cloak were made by volunteers from all over the county and further afield. This giant collaboration took four months to put together and was assembled by Alison Whyte, from Whyte's Fabrics. You can donate to the Kildare Yarn Bombers' chosen charity the Kildare & West Wicklow Society for the Prevention of Cruelty to Animals, either directly on the KWWSPCA website or through Whyte's Fabrics on Cutlery Road.







ACKNOWLEDGEMENTS



John David Ryan Cornelscourt Newbridge Died 7th August 2021

The family of the Late John Davie Ryan, his Mother Connie, brothers Paul, Mark and Fergal & sister Niamh, daughters in law, brothers in law, nieces & nephews, relatives and friends, would like to express our deepest gratitude to all who sympathised with us on our sad loss of David.

To all who sent Mass cards, flowers and messages of sympathy on R.I.P.ie. to all those who called to the house for David's wake, rosary & funeral Mass, and all who sent food. We are truly grateful.

We would like to extend our gratitude to Glennons Funeral Directors for their great care, compassion & professionalism.

To David's friends from Wyeth (Pfizer) for their guard of honour. We would like to thank Fr. Ruairí ÓDomhnaill P.P for his kindness & support and for celebrating David's funeral Mass. To Niamh & Mary for the Lovely music.

As it is impossible to thank everyone individually, the Holy Mass has been offered for all your intentions.

DEATHS

Margaret Smith (née Sherlock) – Bishop Rogan
Park, Kilcullen & formerly of Pairc Mhuire
Kathleen Duane, Piercetown
Mary Theresa (Mae) Kennelly – Monkstown &
formerly Newbridge
Geraldine Murray Coffey – Waterford &
formerly Newbridge
John Gallagher – Allenview Heights
Mary Monaghan - Piercetown





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SHINGLES



In recent times I find that I'm treating more people with shingles than I usually would. Shingles is a virus that attacks the central nervous system. It is an opportunistic virus (chicken pox virus) which sits dormant in the body waiting for the immune system to become weak, tired, or unwell before presenting itself.

Shingles is usually identified by marks on the skin that can be painful to touch, itchy and may leave blisters. These marks will always follow a nerve line on the body. Other symptoms are temperature, general feeling of being unwell, headaches and tiredness.

It is best to treat shingles as early as possible so as to avoid any long-term nerve damage. I find it best to use a combination of immune boosting herbs and anti-viral herbs. The herbs that I would use to treat shingles are:

- Echinacea
- Sambucus
- Uncaria
- Olea

These will boost the immune system and fight the shingles virus and in turn hopefully prevent any long-term nerve damage from occurring.

When someone gets shingles, it is usually an indication that their lifestyle is too busy, they may be burning the candle at both ends. They should try to work less, sleep more, eat better, and try to lower their stress levels. I sometimes give an energy tonic after a person has had shingles to help them get their energy levels back up

As always mention if you are on any other medication and chat with a healthcare professional before starting any new treatments or stopping any current treatments.

Paul O'Connor, Naturopath, Herbalist HD ND ANP The Herb Shop Clinic, Eyre Street, Newbridge 045 435422 | 086 8433001

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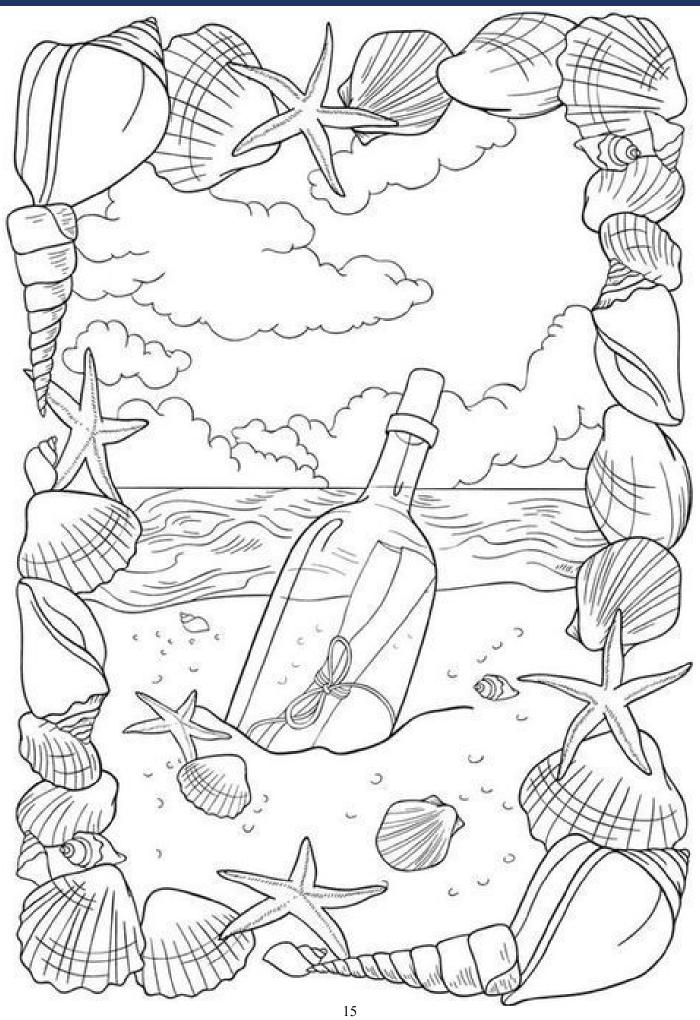
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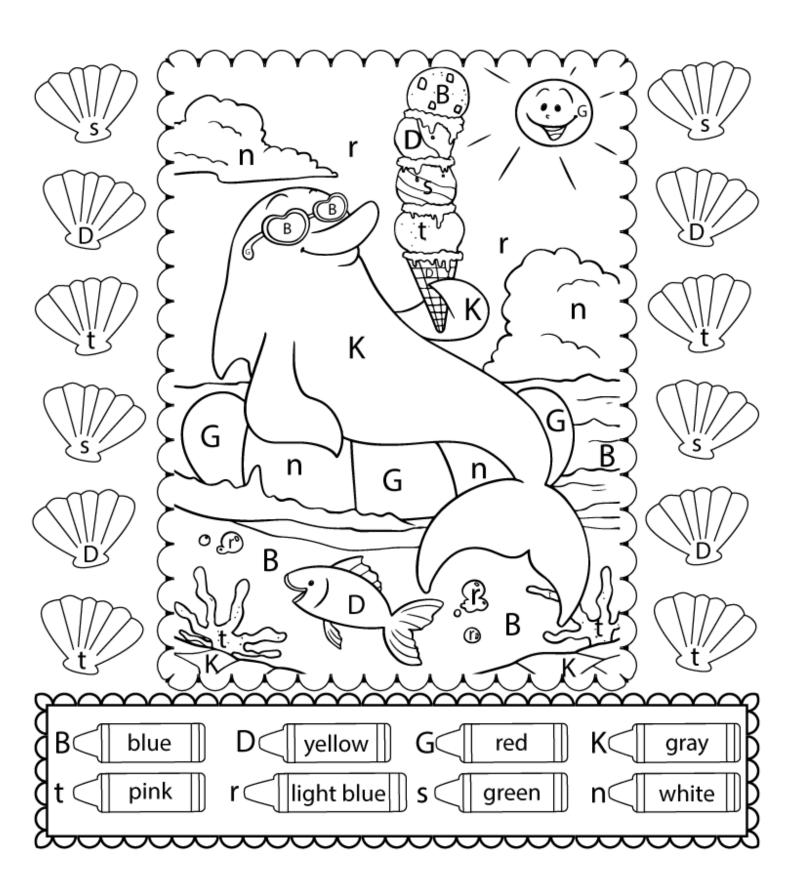
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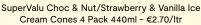


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